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The Search (documenting the research process)

To find my three texts to annotate I went on ccny library and used the research database EBSCOhost. I searched (healthy food prices) AND (poor community or low-income or poverty) AND (fast food prices or unhealthy food price) to find my first text. It gave me 9 results and I chose “The economics of obesity: dietary energy density and energy cost” as my first text to annotate. I continued to use EBSCOhost to find my second text. For this search I typed (healthy diet cost) AND (low-income or poverty or low socioeconomic status or poor or low income or working class). There were 83 results and I chose the text “The cost of healthy diets: What guidelines for the working poor?” For my third text to annotate, I searched obesity linked to food insecurity. I came upon a website named the journal of nutrition and got my third text to annotate called “Food Insecurity is Associated with Increased Risk of Obesity in California Women.” For my primary source I know that I wanted a paper on research and studies conducted with results showing charts and tables to support my answer to my topic question which is “Why is there an increased risk of health issues in people from low-income communities than people from high-income communities?” I used google to search “prices of healthy and unhealthy foods. I found the text “The Relative Caloric Prices of Healthy and Unhealthy Foods Differ Systematically across Income Levels and Continents.” The next source I wanted was a comparison between the prices of a healthy diet and an unhealthy diet. I used google search and came upon a New York Times Article “A High Price for Healthy Food by Tara Parker-Pope.” To narrow it down and analyze particular restaurants, I thought of the most popular fast-food spot which is McDonalds, and a healthier food place which is Chipotle. I tried to find a location where poverty rates have increased and came upon a Pdf of Dallas, Texas poverty update. It stated “the number of people in poverty in the City of Dallas has increased approximately 39.1%.” Next, I wanted to find the amount of McDonald’s and Chipotle restaurants in this low-income community Dallas, Texas. For this I checked the Chipotle website and clicked on the locations tab. Using google I searched “Number of Mcdonald locations”. I found a website scrapehero that had the number of locations in Dallas, Texas. Since most of the essay will be comparing prices of healthy and unhealthy foods, I searched up the average price spent at these

two locations during each visit. For this I used google to search “amount spent at Chipotle vs. McDonald’s and got a website from business insider where the average price spent at multiple restaurants were compared. Two of these restaurants were McDonald’s and Chipotle. To find my last article, I thought of ways in how these restaurants attract consumers in terms of advertising and deals. I searched McDonalds advertisement deals and clicked on the Mcdonald’s website to find multiple coupons. Then I repeated this search for Chipotle and found the rewards program on the Chipotle website. These are all the steps taken to find each source I used in this paper.