Comparative source report (25% of journal grade)--

Charts are excellent ways to familiarize yourself with your sources, compare your sources, and organize information before you start wiring your paper.

Name: Khamelia Jones
Research Topic or Question: Why is there an increased risk of health issues in people from low-income communities than people from high-income communities?

Source 1: (full citation) https://documentcloud.adobe.com/link/review?uri=urn:aaid:scds:US:44f0de91-b803-4414-9366-28afea3b4482	
Summary of the information that will be used in your research paper. This doesn't mean a summary of the source. It means what specific information you are using from this source.	The article reinforces the link between unhealthy products such as fats, oils, sugars as being inexpensive and health foods such as fish, fruit, vegetables being more expensive. It answers the question as to why low-income consumers gravitate towards purchasing unhealthy foods over healthy foods. Answer: affordable, accessible, enjoyable
Quoteable text? The research paper will need specific quotes from each text. Include a brief note on how the quote will be used (evidence, example, argument etc.)	"Refined grains, added sugars, and added fats are among the lowest-cost sources of dietary energy. They are inexpensive, good tasting, and convenient. In contrast, the more nutrient dense lean meats, fish, fresh vegetables, and fruit generally cost more." "In a number of studies, fast-foods ,snacks, sweets, and desserts, sweetened soft drinks , and large portion sizes have all been linked to greater obesity risk."
How will you use this information? Why does this source need to be included in your paper? What's its purpose?	Analyzing the prices of various products show that dietary, nutritional meals are expensive whereas an unhealthy diet with added fats are inexpensive and better tasting (preference). This makes the unhealthy diet more convenient for low-income consumers.

Source 2: (full citation) https://academic.oup.com/jn/article/149/11/2020/5535433	
Summary of the information that will be used in your research paper. This doesn't mean a	A study was conducted by Harold H Alderman and Derek D Headey to compare RCP's (Relative Caloric Prices) different foods across 176 countries. One of the charts made from the results found that in low income communities dark-leafy vegetables, vitamin A-rich fruits & vegetables , fortified infant cereals, and other fruit are categorized as very expensive. Some of

summary of the source. It means what specific information you are using from this source.	these healthy foods (i.e. fortified infant cereal, vitamin A-rich fruits & vegetables, other fruits and nuts) were more expensive in low-income regions than high-income regions. The next chart shows how expensive dairy, eggs, meat, seafood are in different regions. Another chart showed fats & oils, sugar, sugary snacks, and salty snacks being cheap in low-income communities. This shows that purchasing unhealthy foods were more convenient for people in low-income communities.
Quoteable text? The research paper will need specific quotes from each text. Include a brief note on how the quote will be used (evidence, example, argument etc.)	"The relative prices of dairy products, eggs, and white meat were strongly associated with income levels, being relatively cheap in high-income countries but very expensive in most low-income and lower middle–income countries." "Fish/seafood was moderately expensive in most regions but very expensive in low-income countries, on average. " Used to describe the charts that will be included.
How will you use this information? Why does this source need to be included in your paper? What's its purpose?	The charts will be added to provide a visual of the prices of products in low-income locations vs. high-income locations

Source 3: (full citation) • https://locations.chipotle.com/tx/dallas • https://www.scrapehero.com/location-reports/McDonalds-USA/ https://dallascityhall.com/government/Council%20Meeting%20Documents/hsn_2_mayor%E2%80%99s-task-force-on-poverty-update_combined_050718.pdf	
Summary of the information that will be used in your research paper. This doesn't mean a **summary of the source. It means what specific information you are using from this source.**	One of the most popular fast-food places in the US is McDonald's. A popular restaurant that is healthier than McDonald's is Chipotle. The first 2 links above show the amount of chipotle restaurants and the amount of McDonalds fast food restaurants in Dallas, Texas.

Quoteable text? The research paper will need specific quotes from each text. Include a brief note on how the quote will be used (evidence, example, argument etc.)	"Since 2000, the number of people in poverty in the City of Dallas has increased approximately 39.1%." (Third link) I chose this quote to provide the reasoning for choice of location
How will you use this information? Why does this source need to be included in your paper? **What's its purpose?**	I'm using this quote to show that the increase in poverty throughout the past years in Dallas, Texas is what led me to choose this location to research the amount of McDonald's and Chipotle restaurants in this location. In Dallas, Texas, there are 20 chipotle restaurants and 66 McDonalds fast-food restaurants. With the greater amount of McDonald's restaurants than Chipotle restaurants in Dallas, Texas shows how unhealthy foods are overrepresented while healthy foods are underrepresented.

Source 4: (full citation) https://www.businessinsider.com/cost-to-eat-at-every-major-fast-food-chain-2015-9	
Summary of the information that will be used in your research paper. This doesn't mean a summary of the source. It means what specific information you are using from this source.	I will be inserting the chart from this site. It contains the average amount a person spent at various restaurants. Two of those restaurants include McDonald's and Chipotle.
Quoteable text? The research paper will need specific quotes from each text. Include a brief note on how the quote will be used (evidence, example, argument etc.)	The survey found on average, a customer at McDonalds spends $4.72 each visit and a customer at Chipotle spends $11 each visit.
How will you use this information? Why does this source need to be included in your paper? What's its purpose?	This large price disparity makes it less likely for a person in a low-income community to purchase a meal from Chipotle as frequently as they would from McDonald's. Not only is there a lower number of healthy restaurants in low-income neighborhoods but their prices are more expensive than the unhealthy fast-food restaurants.

Source 5: (full citation) • https://www.mcdonalds.com/us/en-us/deals.html https://www.chipotle.com/order/rewards	
Summary of the information that will be used in your research paper. This doesn't mean a summary of the source. It means what specific information you are using from this source.	For this source I researched McDonald's deals and found multiple results. The link above shows a McDonalds advertisement of their "Buy 1 get 1 for a $1". McDonalds also has an app that gives coupons and deals everyday on certain items. I researched Chipotle deals, and the only deal I could find is the Rewards program. The rewards program works off of points. You will get 10 points for each $1 you spend and each time you reach 1250 points you'll receive 1 free entree.
Quoteable text? The research paper will need specific quotes from each text. Include a brief note on how the quote will be used (evidence, example, argument etc.)	"Buy 1 get 1 for a $1" "Order Chipotle and you'll get 10 points per $1 spent. Every time you hit 1250 points you get FREE Chipotle."
How will you use this information? Why does this source need to be included in your paper? What's its purpose?	Comparing the deals will serve the purpose of reinforcing how and why purchasing unhealthy meals is more convenient for people of low-income neighborhoods. McDonalds not only gives more options to choose from but the deals are made so you are able to use it everyday. In contrast, the chipotle rewards program requires numerous purchases to be rewarded. This makes purchasing a meal from McDonalds more affordable.

Source 6: (full citation) https://documentcloud.adobe.com/link/review?uri=urn:aaid:scds:US:ef6ad9bd-ee2b-4c1a-82f1-1b09d4886d1b	
Summary of the information that will be used in your research paper. This doesn't mean a	

summary of the source. It means what specific information you are using from this source.	Farmer describes the term "Structural Violence" by definition as a person or group of people that is harmed or disadvantaged due to social structures embedded in the system or society. In relation to the topic, the economic system creates a disadvantage for people with low-income to maintain a healthy diet.
Quoteable text? The research paper will need specific quotes from each text. Include a brief note on how the quote will be used (evidence, example, argument etc.)	"Factors including gender, ethnicity (race), and socioeconomic status, may each be shown to play a role in rendering individuals and groups vulnerable to extreme human suffering"(274). "As the twentieth century draws to a close, the world's poor are the chief victims of structural violence. Why might be this be so? One answer is that the poor are not only more likely more likely to suffer, they are also more likely to have their suffering silenced" (280).
How will you use this information? Why does this source need to be included in your paper? What's its purpose?	The quotes will be used to connect structural violence to the topic. In relation to the topic, price disparities between healthy and unhealthy foods in the system causes an increase of health issues (i.e. obesity) in low-income communities.

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Source 7: (full citation) https://documentcloud.adobe.com/link/review?uri=urn:aaid:scds:US:40def602-0ac4-4192-b631-c7f9de68d639	
Summary of the information that will be used in your research paper. This doesn't mean a summary of the source. It means what specific information you are using from this source.	Links high obesity rates with high poverty rates and low education. Which is a statement that supports my thesis.
Quoteable text? The research paper will need specific quotes from each text. Include a brief note on how the quote will be used (evidence, example, argument etc.)	"Because such foods are affordable, accessible, and enjoyable they are preferentially selected by the lower-income consumer. In contrast, low-energy density diets of higher quality are generally associated with greater affluence, higher education, and higher incomes. If the recommended healthful diets cost more, then households of limited means may not have the economic resources to select a healthy diet on a regular basis." "Researchers have drawn attention to predatory marketing practices, placement of fast-food outlets in low-income neighborhoods, and inadequate access to healthy foods in the inner city. All these factors place minorities and the poor at a disadvantage when it comes to the adoption of healthy eating habits." "On one hand, consumers have a degree of personal responsibility for their eating habits and are free to choose among the available foods. On the other hand, individuals are sometimes unable to resist powerful social and economic forces that are largely beyond their control."

	"In the US, energy cost of soft drinks was, on average, 30 cents/MJ (875 kcal/$), whereas that of orange juice from concentrate was 143 cents/MJ (170kcal/$). "
	"Some low-income families limit their food budget to $100 for 4 people per week, or less than 4 dollars per person per day. The only foods that can be obtained for this amount of money will be high in refined grains, added sugars and added fats."
How will you use this information? Why does this source need to be included in your paper? What's its purpose?	The quotes will be used to connect price disparities to the increasing health issues in low-income neighborhoods. Low-income consumers budget limits the foods that they can purchase. It narrows their options to unhealthy foods because it is the only affordable option. Thus, making the purchase of unhealthy or energy-dense foods favorable among low-income consumers and places blame of restricted food options on consumer budget.

Source 7: (full citation) https://documentcloud.adobe.com/link/review?uri=urn:aaid:scds:US:40def602-0ac4-4192-b631-c7f9de68d639	
Summary of the information that will be used in your research paper. This doesn't mean a summary of the source. It means what specific information you are using from this source.	Links high obesity rates with high poverty rates and low education. Which is a statement that supports my thesis.
Quoteable text? The research paper will need specific quotes from each text. Include a brief note on how the quote will be used (evidence, example, argument etc.)	"Those who were food insecure without hunger were 47% more likely to be obese than the food secure, and those who were food insecure with hunger were 2.8 times as likely to be obese.
How will you use this information? Why does this source need to be included in your paper? What's its purpose?	The quotes will be used to connect price disparities to the increasing health issues in low-income neighborhoods. Low-income consumers budget limits the foods that they can purchase. It narrows their options to unhealthy foods because it is the only affordable option. Thus, making the purchase of unhealthy or energy-dense foods favorable among low-income consumers and places blame of restricted food options on consumer budget.